

TIMELINE

To the best of your ability, please draw a timeline beginning with your birth noting any significant life events or changes. Examples include: Educational events, births, marriages, divorces, adoptions, relocations, deaths, losses, onset of current symptoms, hospitalizations, etc. ***Please print this, complete the Timeline & Family Tree, and bring with you to your first session.***

FAMILY TREE

Please draw a family tree beginning with you and branching out to your parents, grandparents, children and grandchildren. Please include all spouses and non-biological family members